

Capri Gardens of Augustus Marina Piccola

Piazza Umberto I, via V. Emanuele, via F. Serena. A few minutes you'll reach the Gardens of Augustus, from which a view opens out on the hills of Cesina di Fuoro, the Faraglioni and the Marina Piccola. Not far from the Gardens you visit the Carthusian monastery (14th century). From the Gardens of Augustus, a few minutes walk on the Via Krupp leads you to the Marina Piccola with its various beautiful beaches (like the Saraceni and the Scaletto Rock of the Faraglioni). Marina Piccola can also be reached by boat or taxi (10 mins.) along a beautiful scenic road.

Capri Mount Tiberio Parco Astarita Grotto of Jovis Villa Lysis (Fersen)

Piazza Umberto I, via either Via S. Antonio or Via S. Matteo until you reach a crossroad. Then follow via Tiberio that leads by the little church of San Michele.

In 45 minutes you will reach the summit of Mount Tiberio (1,028 feet), the wonderful lookout-points of Parco Astarita and the ruins of Villa Jovis, the largest and most sumptuous of Emperor Tiberius' many villas on Capri. Magnificent view of the island and of the Gulfs of Naples and Salerno. On your way back, follow Via Tiberio and Via Lo Capo. In a few minutes you will arrive at the Villa of the French poet Jacques Fersen, built at the beginning of the 20th century.

3 Capri Natural Arch Grotto of Matermania Pizzungolo Tragara

From the crossroad, (see Itinerary 2) take Via Matermania to the Natural Arch, a unique phenomenon of geologic erosion. Then go down the nearby steps to the Grotto of Matermania, a natural cave which was transformed by the ancient Romans into a luxurious Nymphaeum dedicated to the Mater Magna. From here continue on down the steps till you reach the well maintained path which leads past

Massullo and Pizzungolo to the terrace of Tragara (view of the Faraglioni, Marina Piccola and Mount Solaro). Then follow the picturesque Via Tragara amidst sumptuous villas and flowering gardens back to the town centre (1½ hours on foot).

4 Capri Punta del Cannone

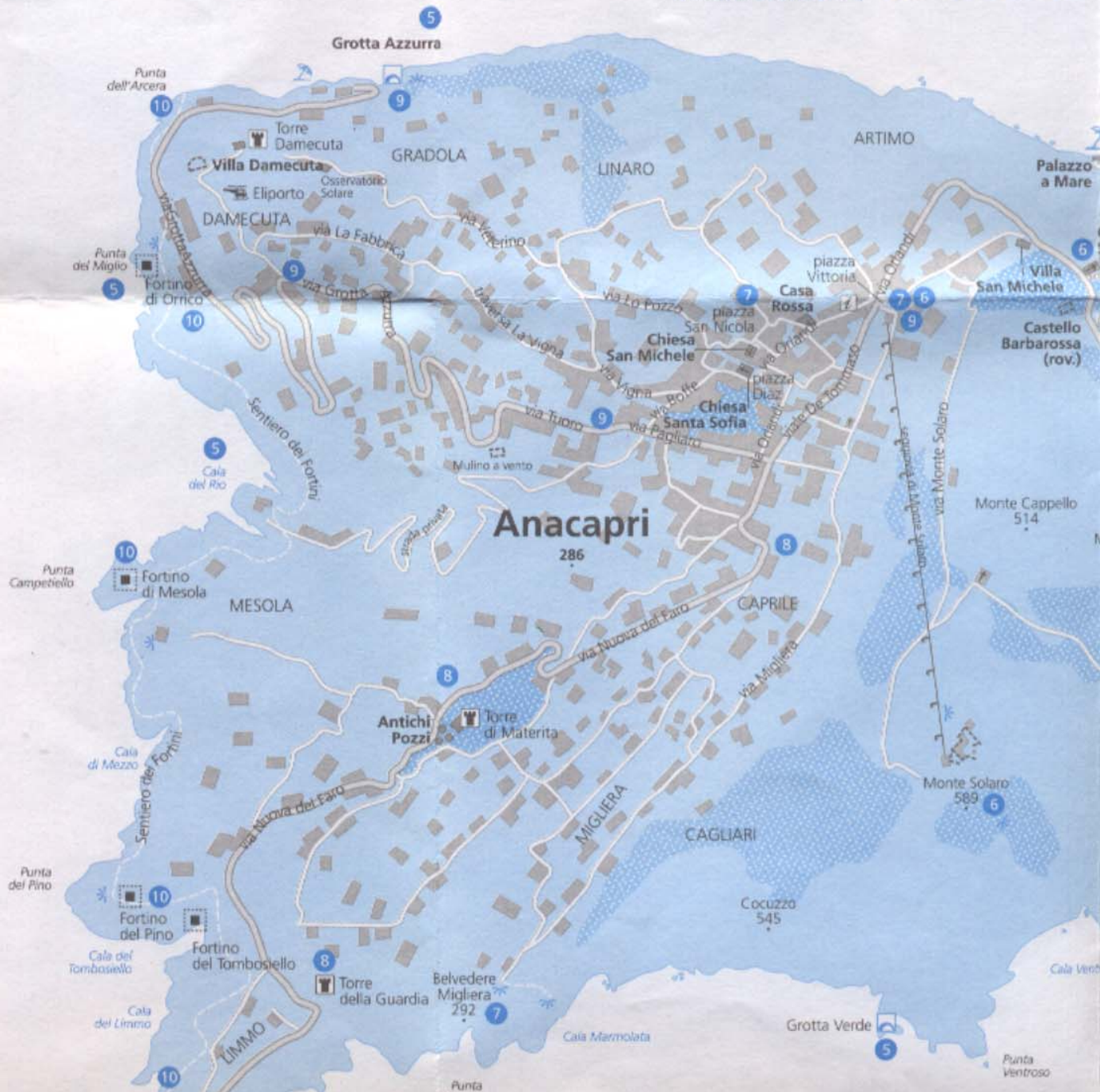
From Piazza Umberto I, by the way of the medieval Via Madre Serafina and Via Castello, you can reach the viewpoint called "Punta del Cannone" (Cannon Point).

Enchanting view of the Marina Piccola, the Gardens of Augustus, Tragara and the Faraglioni (20 minutes on foot).

5 Capri Blue Grotto and Tour around the Island

The Tour around the Island by motorboat begins from the Marina Grande (morning hours preferably). Having passed the Baths of Tiberius – remnants of the Augustan Villa Palace – you arrive at the most celebrated of all the grottos of Capri, the Blue Grotto. This Grotto was already famous in ancient times,

but it was "re-discovered" in 1826 by a German painter on directions given to him by a fisherman of the island. The marvellous nuances of blue taken on by the water are due to a phenomenon of light refraction. The trip continues westwards past the inlets Orrico, Rio and Mesola, around Point Carena with its lighthouse, to the Green Grotto, image of an enormous, liquid emerald. Then come the Marina Piccola, the Grottos of the Arsenal and of the Seamen, and the famous Faraglioni. Next point of interest is the White Grotto, from which, by means of an external staircase cut



to the rock wall, you should climb up to the marvellous Grotto. After passing Point Capo, which is below Mount Tiberio, you return to the Marina Grande (1/2 hours by motorboat).

Anacapri Mount Solaro Cetrella
Villa San Michele
 Anacapri is situated on the high part of the island and is connected to Capri by a beautiful panoramic road (40 minutes on foot, ten minutes by car) which offers an unforgettable view of the Gulf of Capri, from the Argentine Peninsula

to the Island of Ischia. At the point where this road passes the Chapel of St. Anthony, it crosses the "Scala Fenicia", a staircase cut into the rock wall. In ancient times, this was the only connection between Anacapri and the Marina Grande. From Piazza della Vittoria, a chairlift takes you up Mount Solaro to the highest point of the island (1,932 feet). From here you can return to Anacapri on foot (50 minutes) by way of the delightful little valley of "Santa Maria a Cetrella". From Piazza della Vittoria it is only 5 minutes to the Villa "San Michele", built by the Swedish author-physician Axel Munthe and now a museum.

7 Anacapri La Migliera Church of San Michele Casa Rossa
 From the centre of Anacapri, follow the little path called Via Migliera, which runs along the slopes of Mount Solaro up to the Belvedere della Migliera, a lookout point that dominates the precipices of Point Carena (40 minutes on foot). From this summit, to the left, you'll get a birdseye view of the Faraglioni and the inlet of the Green Grotto. Then, return to the centre of Anacapri, where you should visit the Church of San Michele (in Piazza San Nicola), which boasts a magnificent ceramic pavement (18th century) portraying the Garden of Eden.

The picture-gallery of the Casa Rossa (in Via Orlandi) is well worth a visit.

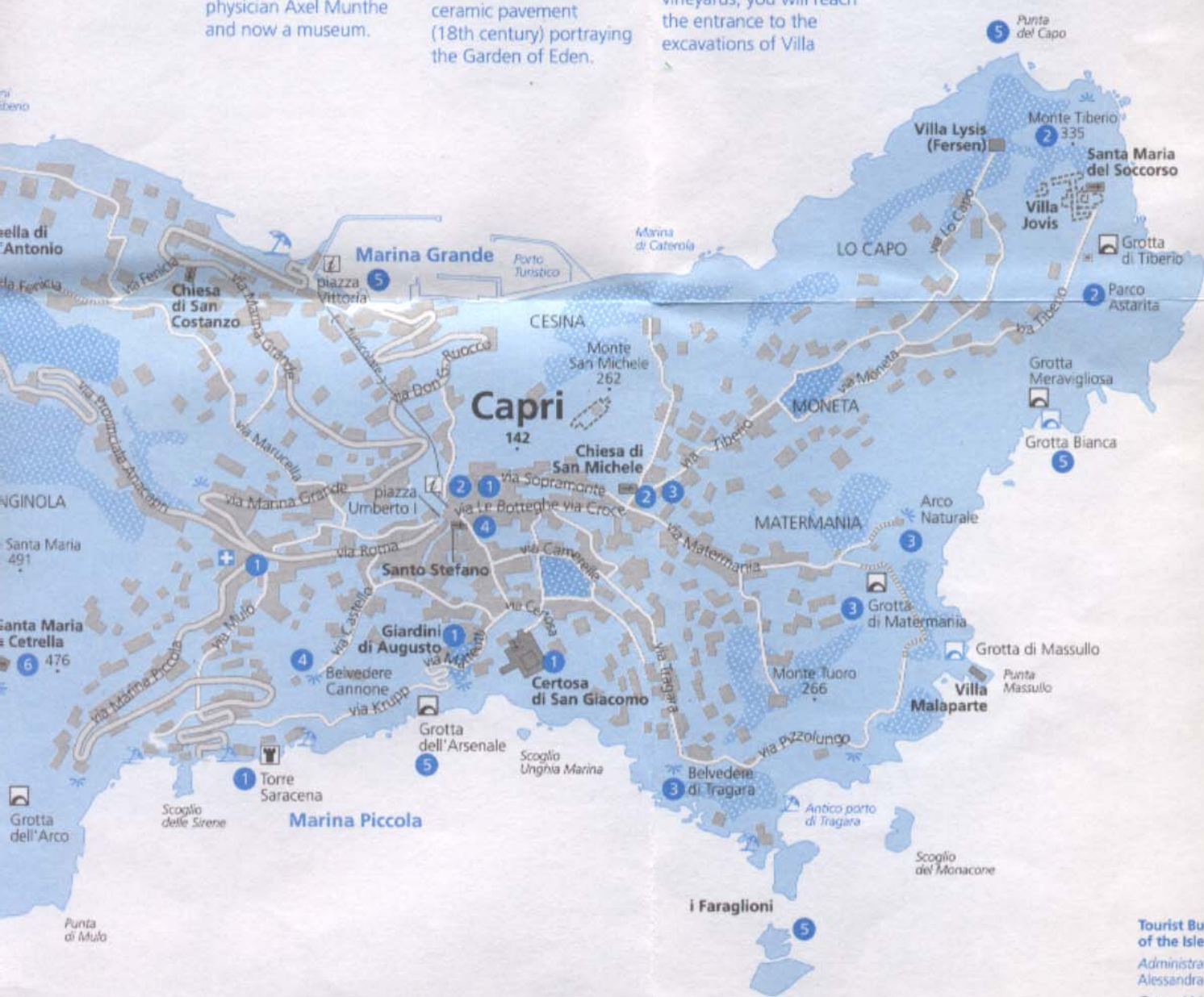
8 Anacapri Punta Carena
 A road for vehicles, starting from Capri, leads to the Punta Carena Lighthouse passing "Torre di Materita" and "Torre della Guardia" (1 hour on foot, 15 minutes by car).

9 Anacapri Villa Damecuta Blue Grotto
 From the Piazza of Anacapri, on a road that passes Via Pagliaro and the windmill and winds through orchards and vineyards, you will reach the entrance to the excavations of Villa

Damecuta, another of Tiberius' villas, and the Blue Grotto (1 hour on foot, 15 minutes by car).

10 Anacapri Sentiero dei Fortini
 The path starts from Punta Carena (see the 8th itinerary) and winds along the western coast of the island until it ends near "Punta dell'Arcera", below the road that leads from Anacapri to Grotta Azzurra. From here, one can return to Anacapri by bus or by taxi.

Along the path, in the fascinating colours of the Mediterranean flora set among the little promontories of wild beauty and bays of turquoise water, one finds the small forts of the Tombosiello, Pino Mesola and Orrico, dating from the period of the Saracen raids (about 4 hours on foot).



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